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## Activities of the Rostock seals at the 6<sup>th</sup> Winter Festival

### Friday, January 30<sup>th</sup>, 2015

15.00 hrs opening of the sauna at the ICE-LOUNGE on the beach (marquee for the parties) off the lighthouse by the members of the seals club after a first swim in the Baltic Sea for the press and the bystanders

in the Danish winter swimmer of the Falster network arrive by ferry in Rostock and are to be picked up at the harbour, supported by the local trade and commerce association, and are to be transferred into the hotels. The exact time of arrival has to be announced later.

Note: Mr Vogel of the local trade and commerce association supports the Danish guests via Dietmar Marquardt for the allocation of accommodations in groups of 20 participants.

### Saturday, January 31<sup>st</sup>, 2015: grand winter swimmers' carnival

11.15 hrs Dietmar Marquardt and the members of the club are available for interviews on the stage at the lighthouse, just to get everyone in the right mood

12.00 hrs procession of the active winter swimmers, led by the jesters of the carnival club "The Maker" from the lighthouse along the promenade to the spa Seebad (former Samoa) and furthermore onto the beach to the lifeguard tower of the water rescue service

13.00 hrs carnival of the winter swimmers with the slogan "guests from all over the world meet in Warnemünde" at the lifeguard tower, ends about 13.30 hrs

Safety: The divers of the "Dive Base Baltic Kühlungsborn" will be caring for the safety of the participants

Note: All active winter swimmers may use, like the previous year, the free offer of the spa Seebad to change clothes and dress up, likewise afterwards all the facilities there can be used free of charge till closing hour!

## Sunday, February 1<sup>st</sup>, 2015: hangover-swimming, swim around the iceberg

12.00 hrs hangover-swimming off the sauna at the ICE-LOUNGE on the beach (marquee for the parties) off the lighthouse – motto: “The seals storm the iceberg”

For that purpose the divers of the mentioned dive base anchor an artificial iceberg in belly-deep water. All participants will be swimming, their heads dressed in seals- or polar-bear-caps, around the iceberg. So bystanders and photographers have that unique opportunity to watch seals and polar bears at an iceberg

Note: The marquee can be used by 40-50 participants to change their clothes, but the activity around the iceberg is weather permitting!

Sauna: The sauna is situated close to the water this year and can be used on all days!

On Offer: Dr Stefan Hummel of the Median-clinics in Heiligendamm offers on one of the three days a popular science lecture on the subject Winter Swimming in the form of a fireside chat or the like; if interested, you are kindly invited to contact Dietmar Marquardt.

All that information is available in January on our homepage: [www.rostocker-seehunde.de](http://www.rostocker-seehunde.de)



Warnemünde. Das Resort.



Dietmar Marquardt  
Vorsitzender Rostocker See Hunde e.V.